

SLEEP WHEN THE PARTY'S OVER

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Music: "Sleep When The Party's Over" by The Malpass Brothers Alb. Lonely Street MP3 download @ amazon.com.
Time: 2:44 as downloaded
Music Mod.: Slow to 42-43 RPM or as desired.
Rhythm: Jive ROUNDALAB **Phase:** III+2 (Pretzel Turn, Marchessi)
Difficulty: Average
Footwork: Opposite, directions for M except where noted
Sequence: Intro – A – B – A (9-17) MOD – C – A – B – A (9-17) MOD – END *Vers 1.2 - Part B has been slightly modified from 2026 NSDC syllabus. Please replace the cuesheet from NSDC syllabus with this version.*

INTRO (4)

[LOOSE CP WALL] **LOOSE CP WALL LEAD HNDS LOW WAIT ; ; SLOW MARCHESSI ½ ; ;**
 1-2 {wait 2 meas} Loose CP WALL lead feet free lead hands held low near M's left hip wait two meas;;
 3-4 1234 {slow marchessi ½} Press L heel fwd shiftg wt to cause R foot to slightly release from floor, rec to R in plc, press L toe bk shiftg wt to cause R foot to slightly release from floor, rec to R in plc; press L heel fwd shiftg wt to cause R foot to slightly release from floor, rec to R in plc, press L heel fwd shiftg wt fwd to cause R foot to slightly release from floor, rec to R in plc blendg to BFLY WALL;
Note: Optional styling for Marchessi is to keep lead hands joined low near M's left hip and move joined hands slightly forward and back in sync with M's lead foot's movements.

PART A (17)

[CP WALL] **CHASSE L & R to BFLY ; CHG HNDS BHND BACK TWICE SCP ; ; ;**
 1 1a23a4 {chasse L&R} Sd L/cl R, sd L, sd R/cl L, sd R blending to LOP WALL;
 2-4 {chg hnds beh bk tw SCP} Rk apt L, rec R, fwd L startg ¼ LF trn & plcg R hnd over W's R hnd/cl R, fwd L releasg L hnd and comp ¼ LF trn to Tandem M in front of W fcg LOD; sd & bk R startg ¼ LF trn and plcg L hnd beh M's back/cl L transferring W's R hnd to M's L hnd beh M's bk, sd & bk R comp ¼ LF trn M fcg COH, *(W rk apt R, rec L, fwd R starting ¼ RF trn/cl L, fwd R comp ¼ RF trn to Tandem W beh M; sd & bk L startg ¼ RF trn/cl R, sd & bk L comp ¼ RF trn),* rk apt L, rec R; fwd L startg ¼ LF trn & plcg R hnd over W's R hnd/cl R, fwd L releasing L hnd and comp ¼ LF trn to Tandem M in front of W fcg RLOD, sd & bk L startg ¼ LF trn and placing L hnd beh M's bk/cl R transferring W's R hnd to M's L hnd bhnd M's bk, sd & bk L comp ¼ LF trn M fcg WALL *(W rk apt R, rec L, fwd R starting ¼ RF trn/cl L, fwd R comp ¼ RF trn to Tandem W beh M, sd & bk L startg ¼ RF trn/cl R, sd & bk L comp ¼ RF trn),*
 [CP WALL] **JIVE WALKS & SWIVEL 2 ; ; QK ROCK THE BOAT TWICE ; SLOW ROCK THE BOAT ;**
 5-6 {jv wlks & swvl 2} Rk bk L, rec R, fwd L /cl R, fwd L; fwd R/ cl L, fwd R, with swiveling action fwd L, fwd R;
 7 1234 {qk rk the boat tw} Fwd L w/ straight knee leaning fwd, w/ rocking motion and relaxed knees cl R leaning bkwr, fwd L w/ straight knee leaning fwd, w/ rocking motion and relaxed knees cl R leaning bkwr;
 8 1-3- {slo rk the boat} Fwd L w/ straight knee leang fwd, -, w/ rockg motion & relaxed knees cl R leang bkwr, - ;
 [SCP LOD] **PRETZEL TRN W/ FORWARD & BACK ROCKS ~ RK FWD REC UNWRAP PRETZEL ; ; ; ;**
 9-12 {rk & prtzel trn} Rk bk L, rec R trng right to fc ptr, sd L/cl R sd L trng RF keeping M's L & W's R hnds jnd; sd R/cl L, sd R trng up to ¼ RF ptr's in bk-bk "V" w/ M's L & W's R hnds jnd bhd bk *(W trng LF sd R cl/L sd R, sd L/cl R, sd L)* to end both lookg LOD w/ hnds jnd beh bk, {fwd & bk rocks} Rk fwd L, rec R; rk bk L, rec R, {rk fwd rec & unwrp pretzel to BFLY} Rk fwd L, rec R; progressg RLOD unwrap sd L/cl R, sd L, sd R/cl L, sd R to LOP WALL;

Part A Cont.

- [LOP WALL] **CHG PLCS L - R RLOD ~ CHG HNDS BHND BK LOD ; ; ;**
CHG PLCS L - R WALL, RK REC SCP ; ;
- 13 – 15 {**chg plcs L – R RLOD**} Rk bk L, rec R, sd L/cl R, sd L comm ¼ RF trn; sd R/cl L, sd R to LOP RLOD (*W rk bk R, rec L, fwd R/cl L, fwd R comm ¾ LF trn under jnd ld hnds to fc ptr; sd L/cl R, sd L comp LF trn*),
 {**chg hnd bhnd bk**} Repeat meas 2 of Part A to end fcg LOD ; ;
- 16-17 {**chg plcs L to R WALL rk rec**}
 Repeat Meas 13 of Part A and rk bk L, rec R to end BFLY WALL ; ;

PART B (8)

- [SCP LOD] **2 FORWARD TRPLS ; SWIVEL WALK 4 ; POINT STEPS 4X ; ;**
THROWAWAY & KICK BALL CHANGE 2X ; ; CHG PLCS L to R - LOP WALL RK REC ; ;
- 1 1a23a4 {**2 fwd trpls**} Trng to SCP LOD Fwd L /cl R, fwd L, Fwd R/ cl L, fwd R;
 2 1234 {**swvl wlk 4**} With swiveling action fwd L, fwd R, fwd L, fwd R;
 3-4 1234 {**pt stp 4x**} In SCP LOD pt fwd L, stp L, pt fwd R, stp R; pt fwd L, step fwd L, pt fwd R, stp R to SCP LOD;
 5-6 {**thrw & kbchg 2X**} Fwd & sd L/cl R leading W to trn ½ LF, sd & fwd R/cl L, sd & fwd (*W sd & bk L/cl R, sd L*) to LOP FCG LOD; {**kb chg tw**} kck L fwd/take wgt on ball of L, replace wgt on R; kck L fwd/take wgt on ball of L, replace wgt on R;
 7-8 {**chg plc L - R WALL rk rec**}
 Repeat meas 13 of Part A with rk bk L, rec R to end LOP WALL ; ;

REPEAT A (9-17) MOD to CP WALL LOW HANDHOLD

- PRETZEL TURN WITH FWD & BK ROCKS ~ RK FWD REC UNWRAP PRETZEL ; ; ; ;**
CHG PLCS L - R RLOD ~ CHG HNDS BHND BK LOD ; ; ;
CHG PLCS L - R WALL ~ SD CL CP WALL HANDS LOW ; ; ;
- 9-15 Repeat Meas 9-15 of PART A
- 16-17 {**chg plcs L – R RLOD w/ sd cl CP WALL hnds low**} Rk bk L, rec R, sd L/cl R, sd L comm ¼ RF trn leading W to go under jnd ld hnds; sd R/cl L, sd R to LOP WALL, sd L, cl R (*W rk bk R, rec L, fwd R/cl L, fwd R comm ¾ LF trn under jnd ld hnds to fc ptr; sd L/cl R, sd L comp LF trn, sd R, cl L*);

PART C (17)

- [CP WALL] **SLOW MARCHESI CP WALL HNDS LOW ; ; ; ;**
 1-2 1234 {**slow marchessi CP WALL low hnds**} Press L heel fwd shiftg wt to cause R foot to slightly release from floor, rec to R in plc, press L toe bk shiftg wt to cause R foot to slightly release from floor, rec to R in plc; press L heel fwd shiftg wt to cause R foot to slightly release from floor, rec to R in plc, press L heel fwd shiftg wt fwd to cause R foot to slightly release from floor, rec to R in plc;
- 3-4 1234 Press L toe bk shiftg wt to cause R foot to slightly release from floor, rec to R in plc, press L heel fwd shifting wt to cause R foot to slightly release from floor, rec to R in plc; press L toe bk shiftg wt to cause R foot to slightly release from floor, rec to R in plc, press L toe bk shiftg wt to cause R foot to slightly release from floor, rec to R in plc to CP WALL;
- [CP WALL] **SIDE STAIR 8 ; ; RIGHT TURNING FALLAWAY RK APT REC (CP COH) ; ;**
 5-6 1234 {**sd stair 8**} Sd L, cl R, fwd L, cl R; Sd L, cl R, fwd L, cl R;
 7-8 {**rt trng falway rk apt rec**} Rk bk L to SCP LOD, rec R to fc comm ¼ RF trn sd L/cl R, comp turn sd L; comm ¼ RF trn sd R/cl L, comp trn sd R, Rk apt L, rec R;

Part C Cont,

- [CP COH] **SIDE STAIR 8 ; ; RIGHT TURNING FALLAWAY RK REC (SCP LOD) ; ;**
 9-10 1234 {sd stair 8} Facing COH, repeat meas 5-6 of Part C;;
 11-12 {rt trng falway rk apt} Rk bk L to SCP LOD, rec R to fc comm ¼ RF trn sd L/cl R, comp turn sd L; comm ¼ RF trn sd R/cl L, comp trn sd R, Rk bk L to SCP, rec R;
 [SCP LOD] **POINT STP 4X ; ; THROWAWAY ; CHG PLCS L - R BFLY WALL RK APT REC ; ;**
 13-14 1234 {pt stp 4x} SCP LOD pt fwd L look LOD, step fwd L, pt fwd R look RLOD, step fwd R; pt fwd L look LOD, step fwd L, pt fwd R look RLOD, step fwd R;
 15 1a23a4 {thrwy} In SCP fwd & sd L/cl R, fwd & sd L leadg W to trn ½ LF, sd & fwd R/cl L, sd & fwd R to end LOP LOD
(W in SCP LOD fwd R/fwd L, fwd R trng ½ LF, sd & bk L/cl R, sd & bk L);
 16-17 {chg L - R BFLY WALL rk apt rec}
 Repeat meas 13 of Part A with rk apt L, rec R to end LOP WALL ; ;

REPEAT PART A to SCP LOD (17)

- 1-17 **CHASSE L & R to BFLY ; CHG HNDS BHND BACK TWICE ; ; ;**
JIVE WALKS & SWIVEL 2 ; ; QK ROCK THE BOAT TWICE ; SLOW ROCK THE BOAT ;
PRETZEL TURN WITH FWD & BK ROCKS ~ RK FWD REC UNWRAP PRETZEL ; ; ;
CHG L to R RLOD ~ CHG HNDS BHND BK LOD ; ; ; CHG PLCS L - R WALL RK REC SCP ; ;

REPEAT PART B (8)

- 1-8 **2 FORWARD TRPLS ; SWIVEL WALK 4 ; POINT STEPS 4X ; ;**
THROWAWAY & KICK BALL CHANGE 2X ; ; CHG PLCS L - R to LOP WALL RK REC ; ;

REPEAT A (9-17) MOD to CP WALL LOW HANDHOLD

- 9-17 **PRETZEL TURN WITH FWD & BK ROCKS ~ RK FWD REC UNWRAP PRETZEL ; ; ; ;**
CHG PLCS L - R RLOD ~ CHG HNDS BHND BK LOD ; ; ;
CHG PLCS L - R WALL ~ SD CL CP WALL LOW HNDHOLD ; ;

END (5)

- [CP WALL] **SLOW MARCHESSI ; ; ; ; RK REC RAISE LEAD KNEE & POINT FOOT TO LOD ;**
 1-4 1234 {slow marchessi} Repeat Part C meas 1-4 ; ; ; ;
 5 12-- {rk rec raise lead ld foot and point to LOD} Rk apt L, rec R, raise L knee, - point lead toe to LOD - ;

QUICK CUES

INTRO

Loose CP Wall lead feet free Wait ; ; Slow Marchessi ½ ; ;

PART A

Chasse L&R to BFLY ; Chg Hnds Beh Bk Tw SCP ; ; ;

JV Wlks & Swvl 2 ; ; Qk Rk the Boat Tw ; Slo Rk the Boat ;

Pretzl Trn w/ Fwd & Bk Rks ~ Rk Fwd Rec Unwrp Pretzl ; ; ; ;

Chg L - R [RLOD] ~ Chg Hnds Bhnd Bk [LOD] ; ; ;

Chg L - R [WALL] Rk Rec SCP ; ;

PART B

2 Fwd Trpls ; Swvl Wlk 4 ; Pt Stps 4X ; ;

Throwy & Kbchg Twice ; ; Chg L - R WALL Rk Rec ; ;

PART A (9-17) MOD

Pretzl Trn w/ Fwd & Bk Rks ~ Rk Fwd Rec Unwrp Pretzl ; ; ; ;

Chg L - R RLOD ~ Chg Hnds Bhnd Bk LOD ; ; ;

Chg L - R WALL Sd Cl CP low handhold ; ;

PART C

Slow Marchessi CP ; ; ; ;

Sd Stair 8 ; ; Rt Trng Fallaway Rk Apt Rec ; ;

Sd Stair 8 COH ; ; Rt Trng Fallawy Rk Rec SCP ; ;

Pt stp 4X ; ; Throwawy ; Chg L-R Wall Rk Apt Rec ; ;

PART A

Chasse L&R ; Chg Hnds Beh Bk Tw ; ; ;

JV Wlks & Swvl 2 ; ; Qk Rk the Boat Tw ; Slo Rk the Boat ;

Pretzl Trn w/ Fwd & Bk Rks ~ Rk Fwd Rec Unwrp Pretzl ; ; ; ;

Chg L - R [RLOD] ~ Chg Hnds Bhnd Bk [LOD] ; ; ;

Chg L - R [WALL] Rk Rec SCP ; ;

PART B

2 Fwd Trpls ; Swvl Wlk 4 ; Pt Stps 4X ; ;

Throwy & Kbchg Twice ; ; Chg L - R WALL, Rk Rec ; ;

PART A (9-17) MOD

Pretzl Trn w/ Fwd & Bk Rks ~ Rk Fwd Rec Unwrp Pretzl ; ; ; ;

Chg L - R [RLOD] ~ Chg Hnds Bhnd Bk [LOD] ; ; ;

Chg L - R [WALL] Sd Cl CP low handhold ; ;

END

Slow Marchessi ; ; ; ; Rk Apt Rec, Point lead foot to LOD & Hold -, - ;